



Sunrise Flag Football OverTime Procedure

Tournament Games Only

(No Overtime for Regular Season Games. Games finish in a tie)

Pre Play OT Procedure

- >Officials must bring **ALL** Players and Coaches of both teams to the Center of the Field.
- >Discuss tie breaker procedure and answer all questions, prior to the coin toss. **Use this sheet.**
- >After meeting, Captains (**and 1 Coach - Sunrise ONLY**) will stay. All others return to their respective team box.
- >Coin Toss procedure (**Visitor Calls**) is implemented in the same manner as done at the start of the game.
- >Winner options = Offense / Defense or Direction (**NO DEFER**). Loser chooses from remaining option(s).

Points of Clarity

All Over Time Periods are **Played** toward the **Same Goal Line**

Each OT Period will consist of (2) Series – (1) for Team A and (1) for Team B.

Time Out (each Team) = **1** for **entire** OT Procedure (**from OT Start to Game Completion**)

30 Second Play Clock is still in effect

A Winner MUST be determined

Penalties

Automatic First Down Penalties, if accepted, result in a New Series of 4 Downs

Illegal Forward Pass, Defensive Pass Interference, Illegally Secured or Intentionally Tampered With Flag Belt, Roughing the Passer, Intentional Backward Pass or Fumble Out of Bounds.

Dead Ball Penalties, following a **Touchdown** (if Accepted) = Penalized on the **Try**

Dead Ball Penalties, following a **Try** (if Accepted) = Penalized from the **20 yard line**

Play Procedure

1. Each team will begin at the twenty yard line (unless moved by penalty) and have up to four plays to score more points or gain more yards than the opposing team to win the game.

Touchdowns are followed by a PAT ("Point After Try") attempt.

2. If a team turns the ball over, all yardage gained prior to turnover are nullified. (i.e. interception)

3. Once a team gains more yards than the other team, that team wins ... game is over.

Example > team one runs four plays and gains 10 yards. Team two runs one play and gains 11 yards, the game is over, and team two wins.

It is not necessary to run all four plays to win the game.

4. **All penalty yardage gained** by team **offensive** is included when determining what team gained more yardage.